

## **Ballet Lubbock Health Protocols** **2/25/2021**

After much planning, eager to serve the needs of our students to the best of our ability while maintaining a safe environment, we have implemented the following health and safety protocols. These protocols were developed through extensive planning and discussion with local health officials. We remain in close conversation with local officials, and reserve the right to change these guidelines and procedures. Any updates will be communicated via e-mail and our website.

**A virtual** and **in-person** class experience will be offered for all classes. Tuition is the same for both experiences.

### **VIRTUAL CLASS**

The virtual class experience will be a live streaming of the in-person class. Knowing that technology is not perfect, we will do our best to ensure adequate audio and video for the stream. We do ask you inform us of your plans, but students may alternate between virtual and in-person experiences.

### **IN-STUDIO PRECAUTIONS**

- Social Distancing and Class Sizes:
  - All studios at Buddy Holly Hall can accommodate up to 22 students with social distancing.
  - Class sizes will be limited accordingly and registration will be handled in a first-come, first-served manner.
  - Make-up classes for Creative Movement, Pre-Ballet, Beginning Ballet, Ballet Essentials I and II, DanceAbilities, Jazz, Community Youth Ballet I and II, Boys' Class, and Levels 1 - 5 will not be available until further notice in order to avoid cross-exposure of different class sections or levels to one another.
  - Make-up classes for Level 6 – Company may be accounted for by taking Open Class on Fridays. Please note that only 3 absences may be made up by attending Open Class.
  
- Masks
  - All dancers in Level 3 and up, Jazz, Ballet Essentials I and II, drop-in classes for adults, and Community Youth Ballet will be required to wear masks. Any dancer age 10 years or older will be required to wear a mask.
    - Classes will be modified to factor in discomfort due to masks. Dancers can expect more frequent water breaks, moments of rest, and encouragement to listen to the needs of their own bodies if they feel short of breath or overheated.

- All staff members will wear masks unless they are eating or sequestered in their individual office alone.
- Entering the Building and Screening
  - Parents and guardians will not be allowed inside of the building in order to avoid excess traffic in the building. Dancers will wait inside after class (at an appropriate social distance) to be picked up at the front door of the building by a parent or guardian.
    - Due to this protocol, and to avoid congestion, we politely ask that parents arrive on time, park, and walk their students to and from the door.
  - Dancers will not be allowed in the building more than fifteen minutes before the start of their class.
  - All dancers must enter and exit through the front of the building.
  - Students will be required to arrive in their class attire beforehand rather than changing into class attire upon arrival. They should bring as little with them as possible: the smallest dance bags they can with as few items as possible.
  - We will screen everyone entering the building for the following:
    - persistent cough or sneezing not related to seasonal allergies
    - cold-like symptoms including fever and runny nose
    - loss of senses of smell and/or taste
    - vomiting
    - diarrhea
  - Anyone entering the building will be given or directed to hand sanitizer. Hand sanitizer will also be made available in each studio.
- Cleaning
  - High-touch areas and restrooms will be sanitized frequently throughout the day using an isopropyl alcohol solution and rag or disposable paper towels. Rags will be washed and dried at the end of each day.
  - Barres and doorknobs will be sanitized before and after each class with an isopropyl alcohol solution and a clean rag or disposable paper towels.
- Other Protocol
  - Communal water fountains are functional. Students can re-fill their own water bottles at these stations.
  - Ballet Lubbock advises that all students use the restroom prior to their arrival to the studio.
  - Parents/Guardians may send dancers to the studio with a packed snack as needed. This packed snack will not contain any peanuts or peanut products (including peanut oil used to fry foods from restaurants such as Chick-fil-A). Dancers in Level 7 – Company may also bring a packed dinner with them. Please avoid food delivery to the studio.

## WHAT HAPPENS IN CONFIRMED OR SUSPECTED CASES OF COVID-19:

- In the case of an individual who has been diagnosed with COVID-19, the individual may return to the building when all three of the following criteria are met:
  - At least three days (72 hours) have passed since recovery (resolution of fever without the use of fever-reducing medication(s)); and
  - The individual has improvement in symptoms (i.e. cough, shortness of breath); and
  - At least ten days have passed since symptoms first appeared.
- An individual who has symptoms of COVID-19 and who is not evaluated by a medical professional or tested for COVID-19 is assumed to have COVID-19. The individual may not return to the campus until the individual has completed the same three-step set of criteria listed above for confirmed cases of COVID-19.
  - As always, we would far prefer that a student miss class and get the rest they need to feel healthy and strong than have them present and ill in class.
- Ballet Lubbock will close off areas that were heavily used by the individual with a lab-confirmed case until non-porous surfaces in those areas can be disinfected, unless more than three days have already passed since that individual was on campus per CDC guidelines.
  - Ballet Lubbock can have the entire building deep cleaned the next morning.
- In accordance with state and local laws and regulations, Ballet Lubbock will notify local health officials, staff, and families immediately of any case lab-confirmed case of COVID-19. Notifications will be made maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA) and Family Educational Rights and Privacy Act (FERPA).